

MyofascialResource.com

MFRMail Newsletter

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Greetings,

Thanks again for supporting the MFRmail Newsletter. This month I've provided an excellent follow-up technique for use after quadriceps, pelvis, or psoas releases. Check out January's Treatment Tip at:

<http://www.myofascialpainrelief.com/NewsletterArchives.html>

As you are aware, all past treatment tips are provided on this page of my website. Feel free to print the PDF file directly onto your letterhead, as many of the Tips are great patient handouts.

On the Treatment Tools page, you will find a link for the SacroWedge. While these can be ordered individually directly from the manufacturer, the pricing **and** shipping rates are less through the link on my site. Check it out at:

<http://www.myofascialpainrelief.com/tools.html>

The Myofascial Release Practitioner Directory continues to grow every month. 1655 direct inquiries have been made to the "Find a Practitioner" page thus far. 1141 clicks have come from the Google AdWords campaign, with the "Find an MFR Practitioner" ad being seen nearly 70,000 times during targeted searches. What all of this means is that your advertising dollars are well spent on the Practitioner Directory. At \$40 per year, I challenge you to find a more cost effective means of reaching your target audience.

For more information or to sign up:

<http://www.myofascialpainrelief.com/PractitionerDirectorySignUp.html>

I continue to add MFR related research article links on an (ir)regular basis.
Check back often.

[MFR Research](#) page

As always, feel free to contact me with any questions or comments, or just to say hello.

Be Well,

Walt Fritz, PT



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